

# THE SETTLERS HIGH SCHOOL



# COVID-19

# UPDATE

HELP  
**STOP**  
THE  
**SPREAD**  
AND STAY HEALTHY

25 September 2020

Dear Parents, Learners, and the extended Settlers Family

## COVID-19 UPDATE #16

The revised Standard Operating Procedures (SOP) for schools was released last week and include the following changes that affect us specifically:

- The required physical distancing is reduced from 1,5m to 1m.
- Schools are encouraged to allow learners and staff a “face mask break” of about 5-15 minutes, every two hours during the school day. Learners and staff can then safely remove their masks outdoors, provided a distance of 1,5 meters from other people is maintained.

In light of the latest spate of attempted kidnappings in the areas neighbouring the school, please have an important discussion with your child about their safety. We wish to reiterate the following:

- Learners should not walk with their earphones in their ears and they must always be conscious of their surrounding environment.
- If a learner has not been collected by 14:00 they must move up to Seaview Field and wait inside the main gate on school property. No-one may wait under the tree or be sitting on the wall outside any gate after 14:00.

We are grateful to have NO new COVID-19 cases to report this week. A big concern continues to be COVID-19 fatigue. Please be vigilant and follow the rules despite the relaxing of restrictions. We also wish the Grade 12's well as they start their Prelim Examination on Monday. Continue to keep the Grade 12's, the school, and its extended family in your prayers.

Kind regards

Mrs Gallie  
Principal

“Life doesn't get easier or more forgiving, we get stronger and more resilient.”

— S.Maraboli